Fluid Resuscitation



Place IV /IO & O2

Bolus with 20mL/kg balanced isotonic fluids
Use push pull or pressure bag or rapid infuser May need 40-60mL/kg depending on severity of sepsis



Look for Fluid Bolus Kits in med rooms

Clear-Cuff

UPSTATE



Push Pull Method



The 'Push-Pull' technique for fluid bolus delivery.

- Equipment needed: IVF solution set, 60 mL syringe, 3-way stopcock,
- Spike IV bag with solution set and attach stopcock to end of set, attach to IV port closest to patient.
- The stopcock is positioned 'off' to the patient. Pull the syringe plunger to draw fluid into the syringe from the bag of IVF.
- The stopcock is then turned to the position 'on' to the patient and syringe.
- Now push the syringe plunger to administer the fluid.
- The process is repeated until fluid resuscitation is complete.

